

General Points

- A Family Group Conference (FGC) is not a magic wand and a single meeting is not going to change the world
- Be realistic and view the FGC as a problem solving tool
- As with other meetings, plans need to be reviewed and sometimes changed
- FGCs are family led and each is unique. Everyone needs to be as flexible and responsive as possible within their role

Daybreak provides family group conferences and training nationally

Our work includes FGCs for:

- Safeguarding children
- Child welfare
- Domestic abuse
- Safeguarding vulnerable adults
- Planning for adults with disabilities
- Young carers
- Early intervention

Daybreak is a registered Learning Centre with a comprehensive training programme for coordinators, referrers and other agencies

Daybreak Family Group Conferences

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INVESTOR IN PEOPLE



A Guide for Referrers
and Service Providers

Family Group
Conferences

"Bringing families back into
decision making and planning"

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What is a Daybreak family group conference?

A meeting arranged, convened and facilitated by an independent coordinator, where the family take the lead role in planning how to move forward.

In a family group conference it is believed that if the family is provided with high quality information, they are in the best position to make plans for a better future.

During preparation the Daybreak coordinator will discuss with the family who should be invited, and will then meet with everyone to prepare them for the meeting.

The role of the referrer and other service providers is to provide information on safety concerns, available resources, any relevant legal issues and to agree the plan if possible in terms of safety and resources.

If you wish to make a referral, complete a referral form and email or fax it to Daybreak. Alternatively, if you would like to discuss a referral with a programme manager, contact the Daybreak office.



The FGC process

The meeting will be arranged in a neutral venue and will be in 3 stages:

- Information sharing
- Private family time
- Agreeing the plan

The referrer will need to remain for the full meeting but other service providers may leave after Information sharing.

After the meeting the coordinator will write up the family plan and send it out to everyone involved.

A review meeting will be arranged for a few weeks later to check the plan is working.

